

Please print and sign, or online send this document completed, via email which will be taken as an online signature. Send to info@houseofstrengthandconditioning.com



House of Strength and Conditioning – Parental/Guardian Consent Form

I confirm that I _____ am the parent/legal guardian of

_____.

I hereby consent to the above child having a membership and/or sessions with House of Strength and Conditioning (Steven House). This will involve partaking in exercise of which may be guided by the content supplied via House of Strength and Conditioning Membership online. I have read, understood, and agree with the Terms and Conditions as well as the Membership and Exercise Disclaimer form (found on www.houseofstrengthandconditioning.com). Below I have supplied contact details relevant to my child and myself. Furthermore, I will correct these through correspondence (info@houseofstrengthandconditioning.com) if they were to change. I can confirm I am able to give parental consent for my child to participate in exercise of which will be guided and supported by House of Strength and Conditioning through a paid membership or session. I can also confirm there is no reason why (medical or otherwise) my child should not take part in exercise prescribed by House of Strength and Conditioning.

By completing this form, you as the parent are confirming you will have access to the membership details, all the content supplied and any correspondence channels if needs be. Steven House is Enhanced DBS checked and will always work to prioritise your child's health and welfare.

Name: _____ Signature: _____

Contact Details

Name of Child: _____

Address: _____

Mobile Numbers:

Child: _____

Parent (Emergency Contact 1): _____

(Emergency Contact 2) and Relationship to Child: _____

Please supply any further important information when sending us this document. This may include, any health conditions, an injury history and any anaphylaxis or allergy information or care plans.