



## House of Strength and Conditioning – Privacy Policy Document

The website will collect data based on your activity on the website in order to help us better understand how customers may best navigate from page to page. Most of this type of data occurs via cookies which also aid your experience on our website. If you sign up, contact us, or provide us with your contact or personal information then this will be handled with care (GDPR compliant), and only used by us to help you have the best experience or by Wix our website builder platform, your information will not be passed onto any third-party organisations.

If we are supplied with any contact details these will only be used to either contact you or supply you with communication, in line with your membership, which could help you or bring to your attention any benefits or updates that may be occurring within House of Strength and Conditioning or our website.

If for any reason you would not like your information collected or stored safely by our organisation, then please email us via [info@strengthandconditioning.com](mailto:info@strengthandconditioning.com). Although, it must be added that if you opt out of supplying your data to us and still want a membership with us this will be tricky due to the nature of our business (being online, and therefore needing a channel of communication).

All financial transaction will be either completed via Wix Payments, Bacs transfer (direct debit) or PayPal all of which are secure when processed correctly. Therefore, there should not be any cause for concern in this regard. Please feel free to read their own privacy policies to further understand their procedures.

Our website is not intended for children under 13 years of age. We do not knowingly collect personal information from children under 13. If you are under 13, please do not provide any information on this Website.

If we feel this privacy policy needs updating or changing, then we shall do so at our own discretion. Nevertheless, we shall endeavour to inform you of any material changes if this is the case.

If you require further information or want to contact us then please email us on, [info@houseofstrengthandconditioning.com](mailto:info@houseofstrengthandconditioning.com).